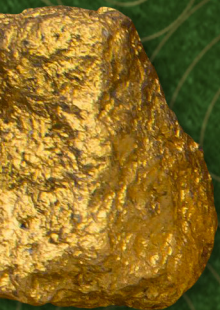
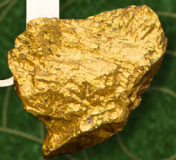




The gold Standard menu



the *Parkside*
Take Away & Restaurant

STARTERS

- 1 **GARLIC BREAD (M)** **£3.50**
- 2 **SPRING ROLLS** **£5.50**
VEGETABLE SPRING ROLLS ON A BED OF FRESH LEAVES, SWEET & SOUR SAUCE ON THE SIDE
- 3 **CALZONICO (M)** **£7.50**
DEEP FRIED CALZONE STUFFED WITH CHEESE, MUSHROOM, OLIVES AND TOMATO SAUCE
- 4 **SHWARMA PLATE** **£7.50**
PARVE SHWARMA SERVED WITH PITTA BREAD TAHINA & PICKLES
- 5 **STUFFED MUSHROOMS (M)** **£7.00**
BAKED MUSHROOM STUFFED WITH CHEESE, SERVED ON A BED OF LETTUCE
- 6 **CRISPY RICE BALLS (M)** **£7.00**
BREADED RICE BALLS STUFFED WITH MOZZARELLA CHEESE, SERVED ON A GREEN SALAD
- 7 **AUBERGINE ROULADE (M)** **£7.00**
DEEP FRIED AUBERGINE STUFFED WITH GARLIC & SPINACH CHEESE, SERVED ON LETTUCE
- 8 **FALAFEL PLATE** **£8.00**
SERVED WITH PITTA BREAD, ISRAELI SALAD, PICKLES, CHIPS & TEHINA

SOUPS

- 10 **CREAM OF MUSHROOM (M)** **£5.50**
- 11 **FRENCH ONION** **£5.50**
SERVED WITH SHREDDED CHEESE
- 12 **LEEK & POTATO** **£5.00**

SALADS

- 14 **CAESAR SALAD** **£9.00**
ICEBERG, CHERRY TOMATOES, CROUTONS & CAESAR SAUCE
- 15 **GREEK SALAD (M)** **£9.50**
TOMATO, CUCUMBER, RED ONION, BLACK OLIVE, TOPPED WITH FETA CHEESE & PESTO SAUCE
- 16 **HALOUMI SALAD (M)** **£10.00**
MIX LETTUCE, CHERRY TOMATO, BLACK OLIVES, BREADED & DEEP FRIED HALOUMI CHEESE, SERVED WITH VINAIGRETTE SAUCE
- 17 **ANTI-PASTI SALAD (M)** **£10.00**
LETTUCE, GRILLED SWEET POTATO, AUBERGINE, PEPPERS, COURGETTE, TOPED WITH FETA CHEESE & PESTO SAUCE
- 18 **AVOCADO SALAD** **£9.50**
CUBED AVOCADO, MIX GREEN LETTUCE, CUCUMBER, WHITE CABBAGE, ORANGE & YELLOW PEPPERS, PUMPKIN SEEDS
- 19 **QUINOA SALAD** **£8.00**
QUINOA, FRIED MUSHROOMS, SPRING ONIONS
- 20 **BROCCOLI SALAD** **£11.50**
BROCCOLI, RED ONION, DRIED CRANBERRIES, ROASTED CASHEW NUTS, TOPED WITH HONEY MUSTARD SAUCE
- 21 **PARKSIDE SALAD** **£9.50**
MIX LETTUCE, SLICED RED APPLES, ORANGE WEDGES, BEETROOT STRIPS, SPRING ONION, PECAN NUTS

PASTA

- 52 **LASAGNA (M)** **£9.50**
LAYERED LASAGNA WITH MIXED VEGETABLES, CHEESE & BECHAMEL SAUCE, SERVED WITH FRESH SALAD
- 53 **EGG PLANT PARMESAN (M)** **£9.50**
LAYERS OF BREADED SLICED AUBERGINE TOPPED WITH CHEESE & TOMATO SAUCE
- 54 **FETTUCCINE ALFREDO (M)** **£9.50**
FETTUCCINE PASTA COOKED IN RICH ALFREDO SAUCE (FRESH CREAM, CHEESE, MUSHROOMS & SPICES)
- 55 **PENNE NAPOLITAINE** **£8.00**
PENNE PASTA COOKED IN NAPOLITANA SAUCE SERVED WITH CHERRY TOMATO & BLACK OLIVES
- 56 **SPAGHETTI (M)** **£9.50**
SPAGHETTI IN TOMATO SAUCE WITH MELTED CHEESE
- 57 **MUSHROOM RAVIOLI (M)** **£12.00**
COOKED RAVIOLI IN ALFREDO SAUCE
- 58 **SWEET POTATO RAVIOLI (M)** **£12.00**
COOKED RAVIOLI IN CREAM ROSE SAUCE
- 59 **VEGETABLE PENNE** **£9.50**
PENNE PASTA MIXED WITH GRILLED VEGETABLES AND PESTO SAUCE
- 60 **VEGETABLE GNOCCHI** **£10.00**
FRIED GNOCCHI MIXED WITH GRILLED VEGETABLE AND PESTO SAUCE
- 61 **CREAME GNOCCHI (M)** **£11.00**
COOKED GNOCCHI IN RICH CREAM ROSE SAUCE TOPED WITH MOZZARELLA CHEESE

~ FISH ~

- 22 **FISH BURGER (F)** **£15.50**
HOMEMADE BURGER SERVED IN A MEZONOS BUN WITH FRESH SALAD & CHIPS ON THE SIDE
- 23 **FISH & CHIPS (F)** **£16.50**
FRIED BREADED COD SERVED WITH CHIPS & SAUCE
- 24 **SWEET & SOUR NUGGETS (F)** **£18.00**
CUBES OF SALMON BREADED & DEEP FRIED SERVED ON A BED OF NOODLES WITH GRILLED VEGETABLES, SWEET & SOUR
- 25 **SEA BASS & NUTS (F) (N)** **£18.00**
BAKED SEA BASS TOPPED WITH CRUSHED PISTACHIO & SWEET CHILLI SAUCE, SERVED WITH MIX BAKED VEGETABLES
- 26 **GRILLED TUNA STEAK (F)** **£19.50**
TUNA STEAK SERVED WITH A CREAMY MUSHROOM SAUCE & BUTTON MUSHROOMS ON A BED OF MASHED POTATO
- 27 **SALMON WELLINGTON (F)** **£19.50**
BAKED SALMON IN PUFF PASTRY WITH CHOPPED GARLIC AND SPINACH SERVED WITH FRESH SALAD
- 28 **MOROCCAN FISH (F)** **£18.50**
SEA BASS COOKED IN SLIGHTLY SPICY TOMATO SAUCE AND CHICK PEAS WITH COUSCOUS
- 29 **BAKED SALMON (F)** **£18.50**
BAKED SALMON FILLET SERVED WITH FRIED BABY POTATO

(minimum spend £20 per person)

SIDE DISHES

- 30 SPIRAL POTATO CHIPS £3.50
- 31 BREADED CAULIFLOWER £9.50
SERVED WITH TAHINA AND SWEET CHILLI SAUCE
- 32 BREADED MUSHROOMS £4.50
SERVED WITH GARLIC SAUCE
- 33 ONION RINGS £5.50
SERVED WITH SWEET AND SOUR SAUCE
- 34 SMALL CHIPS £3.50
SERVED WITH KETCHUP
- 35 LARGE CHIPS £7.00
SERVED WITH KETCHUP
- 36 SMALL SPICY CHIPS £5.00
- 37 LARGE SPICY CHIPS £9.00
- 38 POTATO BALLS £4.00
SERVED WITH SWEET CHILLI SAUCE
- 39 PLAIN RICE £3.50
- 40 VEGETABLE RICE £4.00
- 41 COOKED BABY POTATO £3.50
COOKED BABY POTATO MIXED WITH CRUSHED GARLIC AND PARSLEY
- 42 STIR FRY VEGETABLE £4.00
TOPPED WITH SESAME SEEDS
- 43 FRIED BABY POTATO £4.00
SERVED WITH SWEET CHILLI SAUCE
- 44 MASHED POTATO £3.50
SERVED WITH FRIED ONION
- 45 VEGETABLE NOODLES £4.00
SERVED WITH TERIYAKI SAUCE AND SESAME SEEDS
- 46 PLAIN COUSCOUS £3.50
- 47 VEGETABLE COUSCOUS £4.00

PIZZA

- 48 MARGHERITA PIZZA (M) £7.50
FRESHLY BAKED PERSONAL (MEZONOS) PIZZA, TOMATO SAUCE & MIXED SHREDDED CHEESE (6 HOUR)
- 49 CHEESY CRUST PIZZA (M) £9.50
(MEZONOS) PIZZA STUFFED CRUST WITH TOMATO SAUCE AND MIX CHEESE (6 HOUR)

QUICHE

- 50 MUSHROOM & LEEK (M) £9.50
SERVED WITH FRESH SALAD

DESSERTS

- CRÈME BRULEE (M) £6.50
- 63 CHEESE BLINTZES (M) £6.50
HOT BLINTZES TOPPED WITH CHOCOLATE SAUCE SERVED WITH FRESH CREAM
- 64 CHOCOLATE SOUFFLE (M) £6.50
HOT SOUFFLE SERVED WITH VANILLA ICE CREAM
- 65 CHEESE CAKE (M) £7.50
BAKED CHEESE CAKE
- 66 BELGIAN WAFFLE (M) £8.50
FRESH WAFFLE SERVED WITH CHOICE OF ICE CREAM, FRESH CREAM, TOPPED WITH CHOCOLATE SAUCE & CRUNCHY NUT
- 67 ETON MESS (M) £7.00
CRUSHED MERINGUE, FRESH STRAWBERRIES, CARAMEL SAUCE AND FRESH CREAM
- 68 PANCAKE (M) £7.00
PANCAKES DRIZZLED WITH MIXED SYRUPS TOPPED WITH FRESH WHIPPED CREAM AND FRUITS
- 69 CHOCOLATE MOUSSE £6.50
- 70 PROFITEROLES £8.00
PROFITEROLES FILLED WITH MILKY ICE CREAM & TOPPED WITH CHOCOLATE SYRUP

KIDS MENU

- 82 PIZZA & CHIPS (M) £6.00
SLICE OF PIZZA SERVED WITH CHIPS AND DRINK
- 83 SPAGHETTI IN TOMATO SAUCE £4.50
COOKED SPAGHETTI IN SWEET TOMATO SAUCE AND DRINK
- 84 BUTTERFLY PASTA £4.50
BUTTERFLY PASTA MIXED WITH SWEET BREADCRUMBS AND DRINK
- 85 PASTA MACARONI (M) £5.50
PASTA MACARONI WITH MELTED CHEESE AND DRINK
- 86 VEGETARIAN HOT DOG £5.50
VEGETARIAN HOT DOG SERVED IN A ROLL WITH CHIPS AND DRINK
- 87 FISH & CHIPS £8.00
FRIED FISH FINGERS SERVED WITH CHIPS AND DRINK

ICE CREAM

- 89 SCOOP £1.75

(minimum spend £20 per person)

HOT DRINKS

- 71 **CAPPUCCINO (M)** £2.50
SHOT OF ESPRESSO, HOT MILK & STEAMED MILK FROTH
- 72 **LATTE (M)** £2.50
HOT MILK WITH FROTH & SHOT OF ESPRESSO
- 73 **MOCACCINO (M)** £2.50
SHOT OF ESPRESSO, CHOCOLATE SYRUP, HOT MILK & STEAMED MILK FROTH
- 74 **HOT CHOCOLATE (M)** £2.50
COCOA POWDER & STEAMED MILK
- 82 **ENGLISH & HERBAL TEA** £2.00

COLD DRINKS

- 75 **ICE COFFEE (M)** £3.50
- 76 **MILK SHAKE (M)** £3.50
VANILLA, CHOCOLATE, COFFEE, STRAWBERRY,
- 77 **FRESHLY SQUEEZED ORANGE JUICE** £3.50
- 78 **FRUIT SMOOTHIES** £3.50
STRAWBERRY, MANGO, PASSION FRUIT, BLUEBERRY, PINA COLADA
- 79 **CREAMY STRAWBERRY PUNCH (M)** £4.50
FROZEN STRAWBERRYS BLENDED WITH FRESH CREAM
- 83 **CANS**..... £1.80
Coke, Coke Zero, Diet Coke, Fanta, Fanta Twist, Sprite,
- 84 **WATER, SPARKLING WATER** £1.50

COCKTAILS

- 80 **PINA COLADA COCKTAIL** £4.50
- 81 **MOJITO COCKTAIL** £4.50

the Parkside
Take Away & Restaurant

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Breakfast Buffet

Sunday 10:00am to 2:00pm
Monday- Thursday 9:00am - 2:00pm
Friday - closed

Eat-in

Sunday - Thursday
5:00pm - 10:00pm
Friday - Motzei Shabbos closed

Order On

Ding

